

DAILY ROUTINES – PAST TENSE

List of Daily Routines in the Past Simple Tense in English

- I woke up
- I turned off my alarm
- I got up
- I took a shower / I had a shower
- I got dressed
- I combed my hair
- I made breakfast
- I ate breakfast / I had breakfast
- I brushed my teeth
- I went to work
- I started work at 9
- I answered emails
- I ate lunch / I had lunch
- I worked on my computer
- I finished work at 5
- I went home
- I arrived home
- I fed the dog
- I cooked dinner
- I ate dinner / I had dinner
- I watched TV
- I read a book
- I went to bed
- I fell asleep

Daily routines for School

- I went to school

- I had classes
- I ate lunch / I had lunch
- I finished school at 3
- I went home
- I did my homework

Notice how in this lesson all these phrases are in the **past simple tense** and have I (first person singular) as the subject.

Referencia:

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