

TALK ABOUT THEIR FAVORITE FOOD



Let's talk about something delicious: FOOD! Everyone eats food every day. It gives us energy. Talking about food is very common. Today, we will learn the English names for some common foods and how to say if you like them or not. This is useful when you eat with friends, go to a restaurant, or shop for groceries. Ready to learn some tasty words? Let's begin! You are doing a fantastic job learning English!

Common Food Words

Let's learn the names of some foods you might eat often.

1. **Apple:** A round fruit, often red, yellow or green.

Example: "I eat an apple every day."

Real life: Apples are a healthy snack.

Practice: Do you like apples? Say: "Apple." Good!

2. **Banana:** A long, yellow fruit. Monkeys love them!

Example: "Bananas are sweet."

Real life: Bananas are easy to eat for breakfast or a snack.

Practice: Peel a pretend banana! Say: "Banana." Nice!

3. **Bread:** We use it to make sandwiches or eat it with soup.

Example: "I eat bread for breakfast."

Real life: Many cultures have different types of bread.

Practice: Imagine slicing bread. Say: "Bread." Wonderful!

4. **Cheese:** Made from milk, often yellow or white. We put it on pizza or in sandwiches.

Example: "I like cheese on my pizza."

Real life: There are many kinds of cheese - some soft, some hard.

Practice: Say "Cheese!" like you're taking a photo! Now say the food: "Cheese." Great!

5. **Chicken:** A common meat from a bird.

Example: "We are having chicken for dinner."

Real life: Chicken can be cooked in many ways: fried, grilled, roasted.

Practice: Think of eating chicken. Say: "Chicken." You got it!

6. **Rice:** Small white or brown grains, very common food in many countries.

Example: "I like to eat rice with chicken."

Real life: Rice is a staple food for billions of people.

Practice: Imagine a bowl of rice. Say: "Rice." Excellent!

7. **Pizza:** A flat, round bread with tomato sauce, cheese, and other toppings. Very popular!

Example: "Let's order a pizza tonight!"

Real life: People often eat pizza with friends or family.

Practice: What do you like on your pizza? Say: "Pizza." Yummy!

8. **Pasta:** Italian food made from flour and water, like spaghetti or macaroni.

Example: "My favorite food is pasta."

Real life: Pasta comes in many shapes and is usually eaten with a sauce.

Practice: Twirl pretend spaghetti on a fork. Say: "Pasta." Delizioso!

9. **Salad:** A mix of fresh vegetables, often with lettuce, tomato, and cucumber.

Example: "A salad is healthy."

Real life: People often eat salad before or with their main meal.

Practice: Mix a pretend salad. Say: "Salad." Very healthy!

Common Drink Words

We also need drinks! Let's learn a few.

1. **Water:** The most important drink! Clear liquid.

Example: "Please drink lots of water."

Real life: We need water every day to be healthy.

Practice: Take a pretend sip. Say: "Water." Refreshing!

2. **Juice:** Drink made from fruit, like orange juice or apple juice.

Example: "I like orange juice in the morning."

Real life: Juice can be sweet and is popular with children and adults.

Practice: Pour pretend juice. Say: "Juice." Sweet!

3. **Coffee:** A hot (or cold) brown drink that many adults drink in the morning to wake up.

Example: "I need a cup of coffee."

Real life: People often meet for coffee with friends.

Practice: Smell pretend coffee. Say: "Coffee." Ahh!

4. **Tea:** A hot (or cold) drink made with leaves from a tea plant. Many flavors exist.

Example: "Would you like some tea?"

Real life: Tea is popular all over the world, served hot or iced.

Practice: Sip pretend hot tea carefully. Say: "Tea." Lovely!

Wow! Apple, banana, bread, cheese, chicken, rice, pizza, pasta, salad, water, juice, coffee, tea. You know so many food and drink words now!

How to Say You Like or Don't Like Something

Now, how do you tell someone if you like a food or not? It's easy!

- **To say you like something:** Use "I like..."
 - "I like apples."
 - "I like pizza."
 - "I like coffee."
- **To say you don't like something:** Use "I don't like..." (Don't is short for "do not")
 - "I don't like cheese."
 - "I don't like tea."
- **To say something is your favorite:** Use "My favorite food is..." or "My favorite drink is..."
 - "My favorite food is pasta."
 - "My favorite drink is water."
- **To ask someone else:** Use "Do you like...?"
 - "Do you like bananas?" (They can answer: "Yes, I do." or "No, I don't.")
 - "Do you like rice?"
- **To ask about their favorite:** Use "What is your favorite food?" or "What is your favorite drink?"
 - "What is your favorite food?" (They might answer: "My favorite food is chicken.")

Let's Practice Talking About Food!

This is fun! Let's practice.

- Think about apples. Do you like them?

- If yes, say: "I like apples."
- If no, say: "I don't like apples."

Great job expressing yourself!

- Think about pizza. Do you like it?
 - Try saying: "I like pizza." or "I don't like pizza."
 - Maybe it's your favorite! "My favorite food is pizza." Fantastic!
- Ask a pretend friend about pasta. How do you ask?
 - Say: "Do you like pasta?" Excellent question!
- Ask your pretend friend about their favorite drink.
 - Say: "What is your favorite drink?" Perfect!

You can use these words and phrases every day. When you eat breakfast, name the foods: "I am eating bread. I like tea." When you have dinner, talk about the food: "This is chicken and rice. I like chicken." When you talk with friends, ask them: "Do you like coffee? What is your favorite food?"

Talking about food is a great way to connect with people. You learned so many words and useful phrases today. Keep practicing, and don't be afraid to talk about the foods you like and don't like. You are doing wonderfully!

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