

# UNDERSTAND CONVERSATIONS ABOUT SHOPPING HABITS

This lesson focuses on different shopping habits people have, including how often they shop, what kinds of things they buy, and their preferences for online or in-store shopping. You will learn vocabulary related to shopping, how to describe shopping frequency, habits, and preferences using different grammar structures, and how to talk about and ask others about their shopping routines.

Grammar:

## 1. Present Simple for Habits:

Use the present simple tense to describe regular shopping habits.

**Examples:**

- "I shop for groceries every week."
- "She always buys clothes online."

## 2. Adverbs of Frequency:

Adverbs like "always," "often," "sometimes," "rarely," and "never" are used to talk about how often you do something.

**Examples:**

- "I rarely go shopping on the weekends."
- "He always checks for sales before buying."

## 3. Comparatives and Superlatives:

Use comparatives and superlatives to compare shopping habits.

**Examples:**

- "I shop more often than my sister."
- "This store has the best prices."

## 4. Modal Verbs for Preferences and Suggestions:

Use modal verbs such as "should," "could," or "would" to express suggestions or preferences.

**Examples:**

- "You should check the price before buying."
- "I would rather shop online than go to the mall."

# UNDERSTAND CONVERSATIONS ABOUT SHOPPING HABITS

## Vocabulary:

- **Impulse buying** - Buying something suddenly without planning.
- **Budget** - The amount of money you plan to spend.
- **Retail therapy** - Shopping to improve your mood or make you feel better.
- **Window shopping** - Looking at things in stores without intending to buy them.
- **Discount** - A reduction in price.
- **Bargain** - Something bought at a lower price than usual.
- **Checkout** - The place where you pay for items in a store.
- **Receipt** - A piece of paper showing the items you bought and the price.
- **Shopping cart** - A trolley used for carrying items you intend to buy.
- **Brand** - A particular company's product, such as Nike or Apple.

## Useful Expressions:

- "I usually shop once a week."
- "I prefer online shopping to in-store shopping."
- "I always look for discounts before buying."
- "Do you often buy things on impulse?"
- "I enjoy window shopping, but I don't always buy things."
- "How do you decide what to buy?"
- "I have a monthly shopping budget to stick to."
- "I wait for sales to get the best deals."
- "What's your favorite store for shopping?"
- "I find it more convenient to shop online."

## Sentences:

- "I usually shop for groceries on Sundays."
- "She prefers to buy clothes online instead of going to the mall."
- "I sometimes buy things on impulse when I see a good deal."
- "I rarely spend more than my budget allows."
- "They like to window shop, but they don't always make a purchase."

# UNDERSTAND CONVERSATIONS ABOUT SHOPPING HABITS

- "We often look for bargains at the market."
- "He checks for discounts before buying electronics."
- "I never leave a store without checking the clearance section."
- "Do you prefer shopping for clothes in person or online?"
- "I enjoy retail therapy when I'm feeling stressed."

## Questions and Answers:

1. Q: How often do you go shopping?  
A: I usually go shopping once or twice a week.
2. Q: Do you prefer shopping online or in-store?  
A: I prefer shopping online because it's more convenient.
3. Q: Do you ever buy things on impulse?  
A: Sometimes, but I try to stick to my shopping list.
4. Q: What's your shopping budget?  
A: I set a monthly budget of \$200 for shopping.
5. Q: Where do you usually shop for clothes?  
A: I usually shop at the mall or online on fashion websites.
6. Q: Do you enjoy window shopping?  
A: Yes, I love looking at new products even if I don't buy anything.
7. Q: How do you find the best deals when shopping?  
A: I always check for discounts and sales before I buy something.
8. Q: Do you have a favorite brand when shopping for clothes?  
A: Yes, I like to shop for Nike and Adidas clothes.
9. Q: Do you shop more during the holidays?  
A: Definitely! There are always great deals during the holiday season.

# UNDERSTAND CONVERSATIONS ABOUT SHOPPING HABITS

10. Q: What do you usually buy when you go shopping?

A: I usually buy groceries, clothes, and sometimes electronics.

## Conversation:

Person A: How often do you go shopping?

Person B: I usually shop for groceries every week, but I only buy clothes once a month. How about you?

Person A: I try to avoid shopping too often, but I love checking online stores for new sales.

Person B: Same here. I love online shopping, especially when there are discounts.

Person A: Do you ever buy things on impulse?

Person B: Sometimes, but I try to stick to my budget. It's easy to get carried away with impulse buying.

Person A: I know what you mean! That's why I make a list before shopping.

Person B: Smart idea! It helps to stay organized and avoid unnecessary purchases.

## Reading:

### "Shopping Habits Around the World"

Shopping habits vary from person to person and country to country. In some cultures, people shop almost every day, while in others, weekly or even monthly shopping is more common. For example, in France, many people buy fresh produce daily, enjoying visits to local markets. On the other hand, in the United States, it is common for families to do large grocery runs once a week.

In recent years, online shopping has become a global trend. People love the convenience of buying things from home and having them delivered. However, some still prefer to visit physical stores, where they can try on clothes or see products in person before buying them.

Another interesting habit is "retail therapy," where people shop to feel better when they're sad or stressed. While it can boost mood, it can also lead to impulse buying and overspending if not done carefully.

# UNDERSTAND CONVERSATIONS ABOUT SHOPPING HABITS

Regardless of how or where you shop, it's important to have a budget and know what you need before making purchases. By understanding your own shopping habits, you can make smarter decisions and avoid unnecessary expenses.

***Reference:***

*Learning English Project. (2024) SHOPPING HABITS. Learning English Project.  
Recovered from: <https://www.learningenglishpro.com/2024/09/shopping-habits.html>*