# PAST PTOGRESSIVE WITH WHILE TO EXPRESS PARALLEL ACTIONS

Signal words tell you what tense you have to use. In the past progressive we often use a period of time. A typical signal word is **while**. The past progressive is frequently used in sentences together with the simple past.

**While** (In this part of the sentence we usually use past progressive.)

**While** we **were watching** TV, Andy **was surfing** the internet.

**When** (In this part of the sentence we usually use the simple past. The past progressive is used in the other part of the sentence.)

The ladies **were talking** when the accident **happened.**

Reference:
Englisch Hilfen (s.f.). Signal Words for the Past Progressive.
Retrieved from: https://www.englisch-hilfen.de/en/grammar/past_progressive_signal_words.htm